



## Tip of the Month



### *Which crochet hook should I use?*

Whether you are starting out crocheting, or looking to change your hook to crochet your next project, how do you determine which hook to use, given the range on the market? The best hook for you will depend on your own crochet style and habits and the project you are doing. Things to consider include:

1. How do you hold your hook – do you use a 'pen' hold - a 'knife' hold? While the steel/aluminium hooks can be held either way, the Soft Touch hooks are more suited to those who use a pen hold, while the Addi Swing hooks are more suited to those using a knife hold.
2. Are you a tight or loose crocheter? If you are a tight crocheter, you want to use hook with an inline throat (such as Susan Bates and Amour) rather than a tapered throat (such as Boye and Lotus).
3. Does your yarn slip off the hook regularly as you crochet? If so, then you want to use a hook with a deeper groove at the throat (such as Lotus and Amour)
4. Do you roll your hook when crocheting? If yes then you want to avoid a hook with a thumb grip, as this is designed to hold the hook steady while you crochet.
5. Do your hands ache after crocheting for a while? If yes then you want to look for hooks with comfort grips (or purchase the grips separately) or with ergonomic handles. Amour, Soft Touch and Addi Swing include such handles.
6. Are you using a yarn that splits easy? If so, then you want to avoid hooks with a pointed head and instead look to hooks with a rounded head.